

# BPH, Prostate Cancer, and Benign Prostate Hypertrophy: A Comprehensive Guide

## What is BPH?

Benign prostatic hyperplasia (BPH) is a non-cancerous enlargement of the prostate gland. The prostate gland is a small, walnut-sized gland located just below the bladder. It produces the fluid that makes up semen. As men age, the prostate gland often begins to enlarge. This enlargement can cause problems with urination, such as difficulty starting or stopping, a weak stream, or frequent urination.



## BPH & Prostate Cancer Treatment: Benign Prostate Hypertrophy by Dr. Denis Van Loan

★★★★★ 5 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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Lending	: Enabled



## What are the symptoms of BPH?

The symptoms of BPH can vary depending on the size of the prostate gland. Some men with BPH may have no symptoms at all. Others may experience:

- Difficulty starting or stopping urination
- A weak stream of urine
- Frequent urination
- Urgency to urinate
- Nocturia (waking up at night to urinate)
- Pain or burning during urination
- Blood in the urine

### **What is prostate cancer?**

Prostate cancer is a cancer that starts in the prostate gland. It is the most common cancer among men in the United States. Prostate cancer usually grows slowly and does not cause any symptoms in its early stages. As the cancer grows, it can cause problems with urination, such as difficulty starting or stopping, a weak stream, or frequent urination. Other symptoms of prostate cancer can include pain or burning during urination, blood in the urine, or pain in the back, hips, or pelvis.

### **What are the symptoms of prostate cancer?**

The symptoms of prostate cancer can vary depending on the size and location of the tumor. Some men with prostate cancer may have no symptoms at all. Others may experience:

- Difficulty starting or stopping urination
- A weak stream of urine
- Frequent urination

- Urgency to urinate
- Nocturia (waking up at night to urinate)
- Pain or burning during urination
- Blood in the urine
- Pain in the back, hips, or pelvis
- Erectile dysfunction
- Loss of libido
- Weight loss
- Fatigue

### **What is benign prostate hypertrophy?**

Benign prostate hypertrophy (BPH) is a non-cancerous enlargement of the prostate gland. It is the most common cause of urinary problems in men over the age of 50. BPH can cause problems with urination, such as difficulty starting or stopping, a weak stream, or frequent urination. BPH is not cancerous and does not increase the risk of prostate cancer.

### **What are the symptoms of benign prostate hypertrophy?**

The symptoms of benign prostate hypertrophy can vary depending on the size of the prostate gland. Some men with BPH may have no symptoms at all. Others may experience:

- Difficulty starting or stopping urination
- A weak stream of urine

- Frequent urination
- Urgency to urinate
- Nocturia (waking up at night to urinate)
- Pain or burning during urination
- Blood in the urine

### **How are BPH, prostate cancer, and benign prostate hypertrophy diagnosed?**

BPH, prostate cancer, and benign prostate hypertrophy can be diagnosed with a variety of tests, including:

- Physical exam
- Digital rectal exam (DRE)
- Prostate-specific antigen (PSA) test
- Transrectal ultrasound (TRUS)
- Biopsy

### **How are BPH, prostate cancer, and benign prostate hypertrophy treated?**

The treatment for BPH, prostate cancer, and benign prostate hypertrophy will vary depending on the size and location of the prostate gland, the severity of the symptoms, and the patient's overall health. Treatment options for BPH include:

- Medications

- Surgery
- Laser therapy
- Microwave therapy

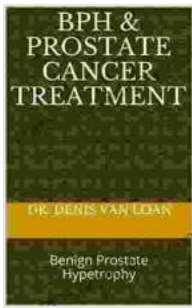
Treatment options for prostate cancer include:

- Surgery
- Radiation therapy
- Chemotherapy
- Hormone therapy
- Immunotherapy

Treatment options for benign prostate hypertrophy include:

- Medications
- Surgery
- Laser therapy
- Microwave therapy

BPH, prostate cancer, and benign prostate hypertrophy are common conditions that can affect men of all ages. The symptoms of these conditions can be similar, so it is important to see a doctor if you are experiencing any urinary problems. Early diagnosis and treatment can help prevent these conditions from becoming serious.

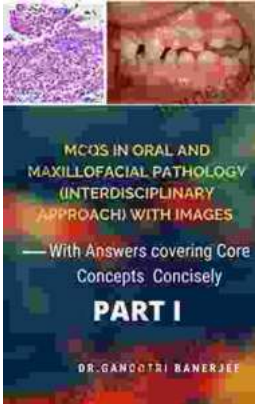


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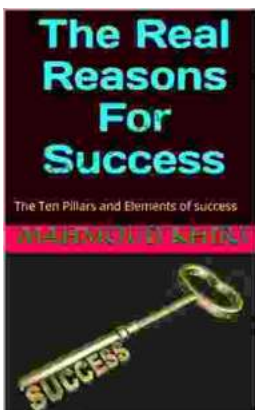
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