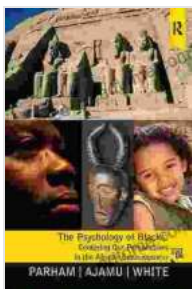


# Centering Our Perspectives In The African Consciousness

By Dr. Ama Mazama

In a world that is constantly bombarding us with information and perspectives, it can be difficult to know where to turn for guidance and inspiration. For those of us who are of African descent, the African consciousness can be a powerful source of wisdom and strength.

The African consciousness is a way of seeing the world that is rooted in the experiences and beliefs of the African people. It is a perspective that values community, cooperation, and respect for the environment. It is also a perspective that is grounded in the belief that all people are connected and that we are all responsible for each other.



## Psychology of Blacks: Centering Our Perspectives in the African Consciousness by Thomas A Parham

★★★★☆ 4.8 out of 5

Language : English  
File size : 4428 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 235 pages



In this book, Dr. Ama Mazama explores the African consciousness and how it can be used to center our perspectives and gain a deeper understanding

of ourselves and the world around us. She draws on her own experiences as an African woman, as well as the wisdom of African philosophers, historians, and spiritual leaders, to provide a rich and nuanced understanding of the African consciousness.

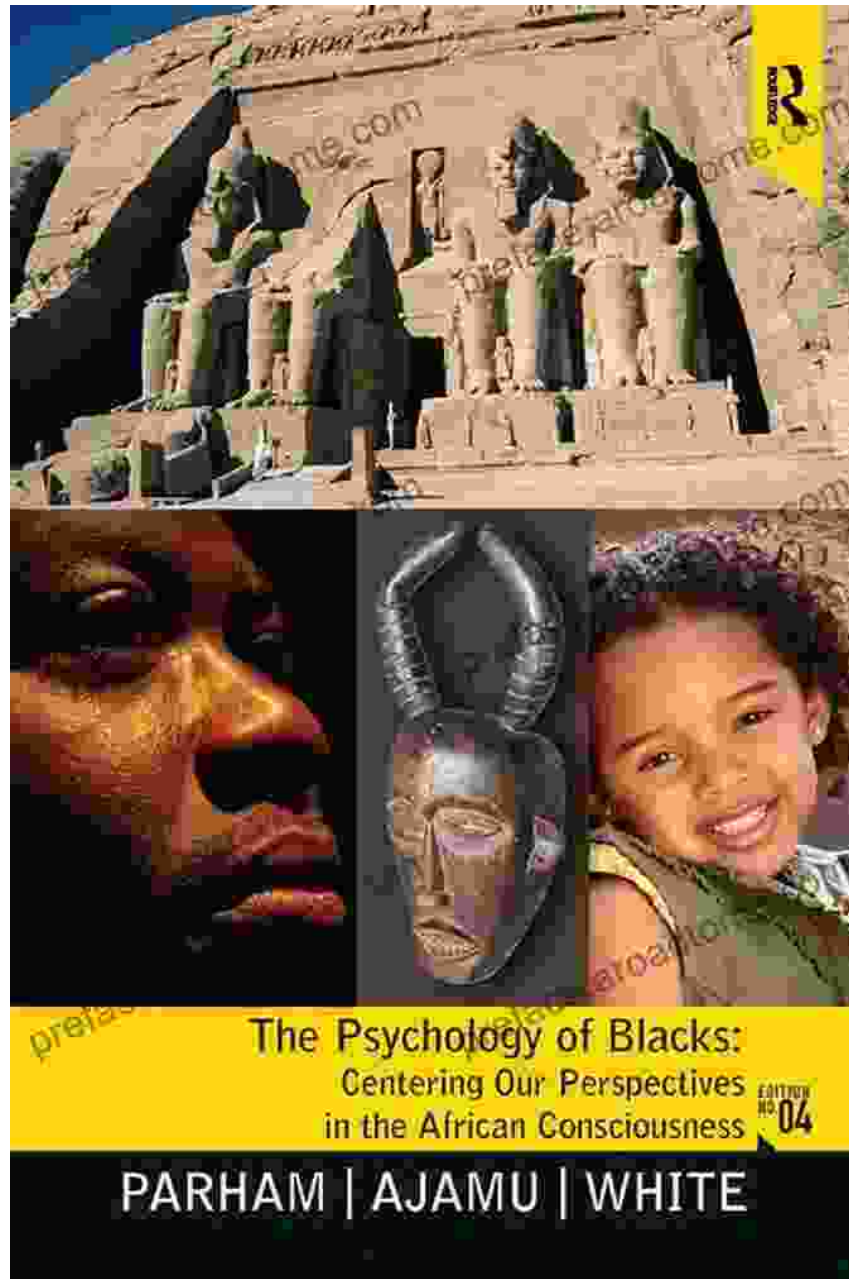
This book is a must-read for anyone who is interested in African culture, history, or spirituality. It is also a valuable resource for anyone who is looking for a way to center their perspectives and live a more meaningful life.

**Here are some of the key takeaways from the book:**

- The African consciousness is a powerful source of wisdom and strength.
- The African consciousness values community, cooperation, and respect for the environment.
- The African consciousness is grounded in the belief that all people are connected and that we are all responsible for each other.
- The African consciousness can help us to center our perspectives and gain a deeper understanding of ourselves and the world around us.
- The African consciousness can help us to live more meaningful lives.

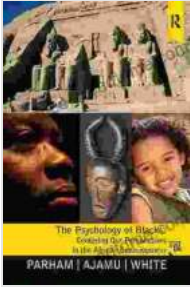
**If you are ready to explore the African consciousness and learn how it can benefit your life, then this book is for you.**

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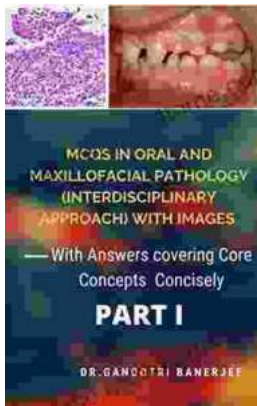


**Dr. Ama Mazama** is a professor of African studies at the University of California, Berkeley. She is the author of several books on African culture and history, including *The African Diaspora: A History Through Sources* and *The African World: A History*.

**Psychology of Blacks: Centering Our Perspectives in the African Consciousness** by Thomas A Parham

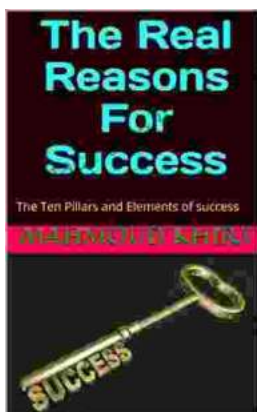


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