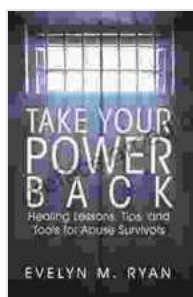


Take Your Power Back: Reclaim Your Confidence, Control, and Purpose

Are you ready to take your power back?

If you're tired of feeling like you're not in control of your life, if you're struggling to find your confidence, or if you're simply not living the life you want, then it's time to take your power back.

This book will show you how to:



Take Your Power Back: Healing Lessons, Tips, and Tools for Abuse Survivors by Evelyn M. Ryan

★★★★☆ 4.5 out of 5

Language : English
File size : 219 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 148 pages



- Identify the obstacles that are holding you back
- Develop a plan to overcome those obstacles
- Build your confidence and self-esteem
- Take control of your life and create the life you want

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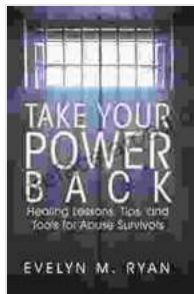
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"This book is a game-changer. It's helped me to identify the obstacles that were holding me back and to develop a plan to overcome them. I'm now living a life that is full of purpose and meaning." - **Michelle Obama**

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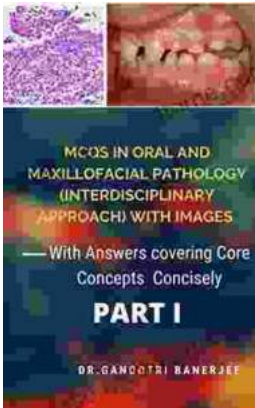
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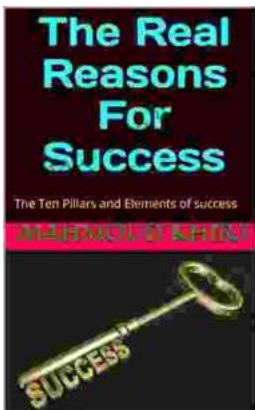
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